

# FREE SUPPORTED PLAYGROUP



## For children aged 6 weeks to 6 years and their parents/carers

When a child isn't meeting their developmental milestones, early support and engagement can be beneficial for your child and family as a whole.

Our free Supported Playgroup offers a fun, relaxed environment where kids of all abilities participate in arts and craft, learn a key word sign and enjoy story time.

### Who is our playgroup for?

Supported Playgroup is for kids aged 6 weeks to 6 years old who have:

- a disability or medical diagnosis or
- concerns about their development.

### Why attend our playgroup?

- Sessions are run jointly by Sylvanvale's Clinical Services team and an early childhood educator from Mikarie
- We can give you tips about childhood development
- Our Practitioners can support you with concerns you and your child are experiencing
- Social connections with other families and have fun
- Supporting children to access day care or be ready for school
- Hear from guest speakers who share skills and knowledge about children and their development.

### Details


<b>Day</b>	Every Thursday
<b>Time</b>	Session 1: 9:15am – 10:15am Session 2: 10.30am – 11.30am
<b>Location</b>	Mikarie Child Care Centre, 2 Mikarie Place, Kirrawee NSW
<b>Cost</b>	Free
<b>RSVP</b>	supportedplaygroup1 @sylvanvale.com.au


Bookings are essential.

*Our playgroup is free of charge.  
It is funded by a NSW Department of  
Education Start Strong Pathways Grant.*



Each child develops differently. If you're unsure about your child's development, come along and discuss your concerns with our team of experts.

AGE	SKILL	MILESTONE
<b>6 months</b> 	<b>Language &amp; Communication</b>	Starts babbling and making different sounds
	<b>Motor Skills</b>	Rolls from back to side
	<b>Play</b>	Bangs toys and enjoys peak-a-boo type games
	<b>Emotions</b>	Smiles and shows affection to caregivers
	<b>Learning &amp; Thinking</b>	Uses single words

<b>1 year</b> 	<b>Language &amp; Communication</b>	Uses single words
	<b>Motor Skills</b>	Sits independently, crawls and pull to stand
	<b>Play</b>	Plays with toys purposefully and finds hidden objects
	<b>Emotions</b>	More attached to familiar people and nervous with strangers
	<b>Learning &amp; Thinking</b>	Follows simple instructions and copies gestures

<b>2 to 3 years</b> 	<b>Language &amp; Communication</b>	Puts words together
	<b>Motor Skills</b>	Walks, runs and jumps
	<b>Play</b>	Shows interest in peers and plays with toys in different ways
	<b>Emotions</b>	Shows wide range of emotions
	<b>Learning &amp; Thinking</b>	Begins to sort shapes and colours

<b>4 to 5 years</b> 	<b>Language &amp; Communication</b>	Tells a simple story using full sentences
	<b>Motor Skills</b>	Uses the toilet on their own
	<b>Play</b>	Likes to play with other children
	<b>Emotions</b>	Cooperates with other children
	<b>Learning &amp; Thinking</b>	Plays board and card games

Find out more

[www.sylvanvale.com.au/services/supported-playgroup/](http://www.sylvanvale.com.au/services/supported-playgroup/)  
 or email our team at [supportedplaygroup1@sylvanvale.com.au](mailto:supportedplaygroup1@sylvanvale.com.au)

